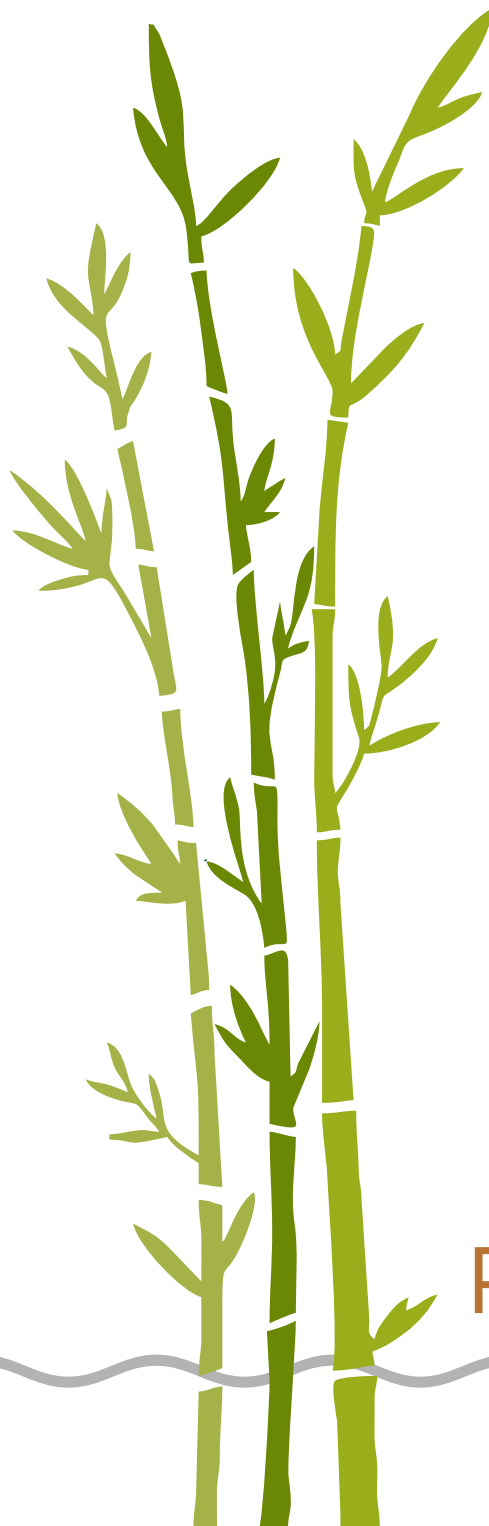


# SKANPOL

beauty SPA wellness



Price list





## Etiquette – preparation for treatment

Please arrive 10 minutes before the scheduled treatment time to allow enough time to change or complete a health survey regarding any concerns or contraindications to treatment. Please note treatment sessions will end at the scheduled time. If the treatment session is shortened due to late arrival, the guest is still responsible for full payment.

In case the treatment needs to be changed or cancelled please contact us not later than 12 hours before the scheduled treatment time. Please see the regulations below for details.

Treatment paid for or a voucher not used does not entitle to a refund in cash.

It is recommended that you avoid intensive sun exposure, heavy meals or alcohol consumption before treatment. It is also recommended that you visit the Relaxation Lounge to enjoy the soothing effect of your treatment or to buy cosmetics recommended by our therapists in order to continue treatment at home and to boost the results. Clients who are not hotel guests can proceed to the Relaxation Lounge with a view of the park after they have changed into a robe, disposable underwear and footwear. Then they go to the treatment room. Guests are advised not to take any valuables to the treatment room. The SPA shall not be held liable for any valuables left behind. To make sure both you and other guests enjoy their time as well please note that:

- bringing in and consuming alcohol
- using drugs and other intoxicants
- smoking
- bringing in pets

is not allowed on the Skanpol SPA premises.

Treatment might be stopped at any time if the guest is under the influence of alcohol, drugs or if his or her behaviour is inappropriate. Full treatment price shall be charged.

Children under 16 years old may use the SPA only subject to a permission or if accompanied by an adult.

In order to avoid skin irritation, it is recommended that men shave no later than 4 hours before the scheduled treatment time. To prepare your body for treatment it is recommended that guests take a shower and remove make-up. Please do not use any creams or balms before treatment.

Ladies who have planned a body treatment should avoid epilation less than 24 hours before the scheduled massage, peeling or mask.

In case you wish to redeem your gift card or voucher please contact the SPA Reception Desk in advance.

Children must not be left unattended in the Skanpol SPA. Accompanying persons are requested to wait in the area shown by the staff.

The Skanpol SPA reserves the right to change the opening hours and prices.

It is our wish and desire to satisfy you with our services. If for whatever reason you are dissatisfied with the service provided or any of its part, please contact us by writing at [k.witkowska@newskanpol.pl](mailto:k.witkowska@newskanpol.pl).

We appreciate all suggestions and comments you might have to raise the quality of our service.

### **TREATMENT CANCELLATION POLICY**

Treatment can be cancelled free of charge up to 12 hours before the scheduled treatment time.

- In case a cancellation is made up to 6 hours before the scheduled treatment time, a 50% cancellation fee shall apply.
- In case a cancellation is made 3 hours or less before the scheduled treatment time, a 100% cancellation fee shall apply.

We would recommend that treatment should be booked in advance by contacting us:

- by telephone calling 94 711 29 21 (or ext. 700 for hotel guests) or +48 669 202 200
- by email: [spa@skanpolspa.pl](mailto:spa@skanpolspa.pl)

Detailed SPA Policies and Procedures are available on [www.skanpolspa.pl](http://www.skanpolspa.pl) and at the Reception Desk.

# Relaxation massage

	Duration (min.)	Price
1. RELAXATION MASSAGE OF SELECTED BACK PART	15	90 zł
2. RELAXATION BACK MASSAGE	30	145 zł
3. CLASSIC BACK MASSAGE The massage eliminates tension in the myofascial system.	30	170 zł
4. RELAXATION ALL BODY MASSAGE	50	210 zł
5. RELAXATION ALL BODY MASSAGE WITH SHEA BUTTER	50	230 zł
6. RELAXATION BACK MASSAGE WITH ELEMENTS OF REFLEXOLOGY Back massage combined with massage of reflexology points on feet.	30	145 zł
7. HOT STONE MASSAGE – ALL BODY Relaxation all body massage with warm basalt stones and hands.	75	260 zł
8. HOT STONE MASSAGE– BACK Relaxation massage with alternating hot basalt stones and a hand massage.	45	210 zł
9. FOOT REFLEXOLOGY MASSAGE A massage which involves applying different amounts of pressure to specific reflex points on the foot.	30	145 zł
10. LYMPHATIC DRAINAGE (manual) Encourages the movement of lymph fluids and blood around the body and release of lymphatic fluid collected in tissues. Price and time for one body part – one leg or one hand.	25	140 zł
11. LYMPHATIC DRAINAGE (with a machine) Lymphatic drainage using the BOA device for compression treatments to help with problem areas on legs and hands.	20	100 zł
12. EAR CANDLING Ear coning helps mitigate sinus infections and headaches.	30	135 zł
13. DELUXE 4 HANDS FULL-BODY MASSAGE Aromatic full-body, head, feet and hands massage. Extremely relaxing and soothing, performed by two therapists simultaneously.	75	590 zł



[www.skanpolspa.pl](http://www.skanpolspa.pl)

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## Oriental Massages

	Duration (min.)	Price
15. ABHYANGA Relaxation whole-body, head and face massage with warm oil.	80	350 zł
16. UDVARTANA Whole-body massage with oil and herbal powder gives the skin a soft, silky texture relieving stiffness in the whole body.	50	280 zł
17. MUKABHYANGA Relaxation head and face massage with warm oil.	25	145 zł
18. SHIRODHARA The treatment involves warm and consistent flow of sesame seed oil on the forehead. The treatment is preceded with a face and head massage.	60	350 zł
19. BALINESE MASSAGE An oriental massage which includes techniques of reflexology, Ayurveda, aromatherapy, acupressure and yoga.	80	350 zł
20. THAI FOOT MASSAGE and peeling Deep relaxation based on stretching and reflexology opening energy lines.	80	300 zł

## Body treatment – body care

	Duration (min.)	Price
21. GOLDEN SPA ECO Toning, rejuvenating and radiant skin treatment using argan oil, also called MOROCCAN GOLD and 24 carat gold. Massage applied during the treatment relaxes and tones the skin. The treatment involves peeling, mask and massage.	90	460 zł
22. CRANBERRY SPA Revitalising banquet treatment, invigorates, lifts, has anti-ageing properties. The treatment involves peeling, mask and cream.	70	300 zł
23. BALTIC RITUAL A treatment of sensual scent. What makes the treatment so efficient is the power of ground amber and natural ingredients coming from the Baltic Sea which support the rejuvenation of the body. The treatment also involves a face massage and back massage with stones. Body scrub prepares the skin for absorbing active ingredients included in amber mask: plant oils, sea algae, rockweed, microalgae, white clay and marine collagen essence.	100	490 zł
24. CHOCOLATE RELAXATION Sweet and aromatic whole-body massage involving warm chocolate.	50	240 zł
25. PEAT BODY TREATMENT Peat mined in Kołobrzeg alleviates pain and is recommended for such conditions as sciatic neuralgia, joint inflammation and arthrosis.	40	200 zł
26. BODY SCRUB Sugar body scrub.	30	150 zł

## Face cleansing treatments

	Duration (min.)	Price
27. CAVITATION PEELING + SONOTHERAPY + MASK Delicate face cleansing treatment complete with a cream mask.	40	220 zł
28. FACE CLEANSING (manual) Manual face cleansing with a cream mask and exfoliation - without face massage.	60	250 zł
29. MANGOPEEL / MANGOLIFT COLLAGEN THERAPY – DERMAQUEST Two advanced treatments based on fruit acids and peptides, selected according to the skin's needs and the time of year. They help brighten hyperpigmentation, smooth the skin's texture, and improve firmness.	60	420 zł
30. AZELAIC TREATMENT – DERMAQUEST A gentle treatment formulated with azelaic and kojic acids. Recommended for sensitive and couperose skin, hyperpigmentation, acne-prone skin, and rosacea.	60	420 zł
31. BASIC HYDROGEN PURIFICATION FACIAL CLEANSING (machine) Recommended for oily skin with seborrhoea, for young, contaminated skin.	40	250 zł
32. COMPLETE HYDROGEN PURIFICATION (machine) Recommended for acne, sensitive and capillary skin. Benefits involve radiant, pure and hydrated skin.	32A. face: 60 32B. face+neck: 70 32C. face+neck+cleavage:80	320 zł 380 zł 500 zł
33. PREMIUM HYDROGEN AND ACID PURIFICATION (machine) Most complex treatment, includes acids. Especially recommended for mature skin with wrinkles and blemishes and for smokers.	33A. face: 60 33B. face+neck: 80 33C. face+neck+cleavage:90	440 zł 500 zł 620 zł

## Eye care treatments

34. BROW HENNA TINTING AND SHAPING	20	55 zł
35. EYE LASHES HENNA	10	35 zł
36. BROW SHAPING	10	35 zł
37. BROW SHAPING WITH WAX Considering that wax needs to be warmed up, we recommend prior appointment.	10	35 zł
38. PACKAGE: brow and lashes henna + shaping	30	80 zł
39. LASH LAMINATION AND TINTING Lash lifting, natural curling, strengthening and regeneration.	60	190 zł



# geneo



before

after

## treatment effects



before

after



treatment booking: [spa@skanpolspa.pl](mailto:spa@skanpolspa.pl)

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# Face rejuvenation treatment

	Duration (min.)	Price
<p><b>40. GENEIO – banquet treatment</b>            Three care effects in one treatment: exfoliation, absorbing active ingredients and deep oxygenation. Leaves the skin radiant, hydrated, nourished and cleansed. Results are visible after one treatment.</p>	45	360 zł
<p><b>41. MYSTIQ ELITE – Vitamin C Treatment</b>            A year-round anti-aging treatment that provides protection, nourishment, and deep hydration. Ideal for dull, lackluster skin, helping improve its texture, radiance, and elasticity.</p>	60	310 zł
<p><b>42. HYDRA CALM – Hydrating &amp; Regenerating Treatment</b>            A hyaluronic acid-based treatment with soothing, firming, and smoothing properties targeting fine lines. It reduces irritation, refreshes the complexion, and stimulates skin renewal.</p>	60	320 zł
<p><b>43. CBD – revitalising treatment Dermaquest</b>            An enzyme (proteinase, vitamin C. and CBD) included in cosmetics help skin rejuvenation and increase absorption of active ingredients. Recommended for capillary and sensitive skin – nourishing results.</p>	60	420 zł
<p><b>44. POWER PEPTIDE – Dermaquest resurfacer</b>            Ultimate lifting treatment, an alternative to Botox, non-invasive smoothing of lines and wrinkles. Main ingredient is Argireline neuropeptide and acids: 20% lactic acid and 20% glycolic acid – lifting effects.</p>	60	420 zł
<p><b>45. FOR MAN</b>            Oxygenating, hydrating and rejuvenating treatment for face.</p>	60	250 zł
<p><b>46. RELAXATION FACE MASSAGE</b>            Basic, delicate, relaxing face massage.</p>	20	110 zł
<p><b>47. JAPANESE FACE MASSAGE</b>            Draining face massage which stimulates vessels, muscles and nerves.</p>	40	200 zł
<p><b>48. KOBIDO – non-surgical face lift</b>            Works on deep layers of skin and muscles. Its aim is to remove tension, improve blood and lymph flow and to activate nerves. Recommended series of treatments is 6 to 10, twice a week.</p>	60	250 zł
<p><b>49. ENDERMOLIFT - LPG</b>            A massage with ERGOLIFT device which naturally stimulates the production of collagen, elastin and hyaluronic acid in an absolutely painless way. The brightening effect is visible after one treatment. Long-term effects include restoring skin density, remodelling facial oval, smoothing wrinkles and drainage of the eye area: elimination of dark circles and undereye bags. Recommended a series of treatments.</p>		
	49A. face:	30 min. 200 zł
	49B. face+neck:	40 min. 210 zł
	49D. face+neck+mask:	60 min. 260 zł



	Duration (min.)	Price
<b>50. OXYGEN INFUSION full treatment (machine)</b> Intensive hydration, oxygenation, stimulation of metabolic processes of skin cells. Results are visible after one treatment.	50A. face: 60 50B. face+neck+cleavage: 80	330 zł 450 zł
<b>51. COMPLEX THERAPY: HYDROGEN CLEANSING AND OXYGEN INFUSION</b> A combination of two technologies: hydrogen cleansing and oxygen infusion. Result: removing impurities and preparation of the skin to absorb active ingredients, oxygenation.	90	450 zł
<b>52. NANOFRAX FRACTIONAL MICRO-NEEDLE MESOTHERAPY</b> Micro-needle and nano-needle mesotherapy are puncture treatments which transport active ingredients to the dermis. Ampule with vitamins C and E, ferulic acid, specialised ampule and bio cellulose sheet mask. Retinol applied from September to March is to rebuild the skin. Recommended series of treatments: 3 once a month.	52A. face+neck: up to 70 min. / micro 52B. face+neck+cleavage: up to 90 min. / micro or nano 52C. Nanofrax Prestige (year-round) face+eyes+lips: up to 70 min. / nano 52D. eyes+lips: 45 min. / nano 52E. extra retinol to treatment	490 zł 590 zł 600 zł 290 zł 80 zł

## Extras to treatments

	Duration (min.)	Price
53. CAVITATION PEELING	15	80 zł
54. MANUAL CLEANSING	20-30	85 zł
55. ALGAE MASK	20	80 zł
56. HYDROGEN CLEANSING WITH OSMOTIC WATER	15-20	90 zł

## Epilation

	Duration (min.)	Price
57. LEGS AND BIKINI AREA	40-60	220 zł
58. LEGS	40-50	190 zł
59. CALVES	30	130 zł
60. UNDERARMS	10-15	100 zł
61. BIKINI AREA	15-30	120 zł
62. UPPER LIP AND CHIN	10	55 zł





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## Hand care treatment

	Duration (min.)	Price
63. BASIC MANICURE	up to 45	95 zł
64. MANICURE AND NAIL VARNISH	up to 60	130 zł
65. NAIL VARNISH	up to 15	50 zł
66. HYBRID MANICURE Varnish cured in a UV lamp.	up to 80	150 zł
67. TREATMENT IMPROVING TEXTURE AND CORRECTING IRREGULAR PIGMENTATION OF HANDS Peeling, massage and mask.	up to 40	130 zł
68. HOUSE MANICURE Manicure and peeling, hand massage, varnish and aromatic mask.	up to 75	200 zł

## Gel manicure and gel extensions

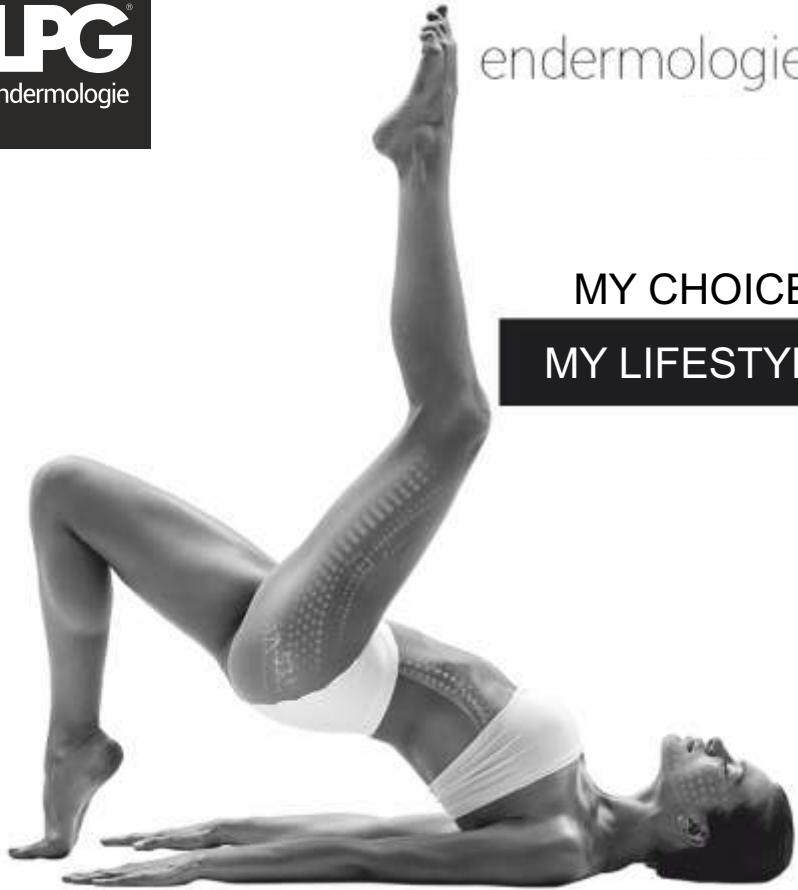
	Duration (min.)	Price
69. NAIL EXTENSION ON A FORM (GEL) + hybrid	up to 90	260 zł
70. GEL REFILL + hybrid	up to 90	200 zł
71. GEL APPLIED TO THE NATURAL NAIL PLATE without extension	up to 90	200 zł
72. HYBRID REMOVAL	up to 20	50 zł

## Foot treatment

	Duration (min.)	Price
73. BASIC PEDICURE	up to 45	160 zł
74. COSMETIC PEDICURE Pedicure combined with peeling and varnish.	up to 60	180 zł
75. PODOLOGIC PEDICURE Medical pedicure – corns, ingrown toenails (treatment without varnish).	up to 90	250-400 zł
76. HOUSE PEDICURE Pedicure and peeling, foot massage, nourishing mask and varnish.	up to 80	250 zł
77. HYBRID PEDICURE Varnish cured in a UV lamp.	up to 80	200 zł
78. TOE NAIL VARNISH	up to 15	50 zł



endermologie®



MY CHOICE  
MY LIFESTYLE



STORZ MEDICAL



treatment booking: [spa@skanpolspa.pl](mailto:spa@skanpolspa.pl)

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# Body toning and slimming treatment

## 79. STORZ MEDICAL / ACOUSTIC WAVE SHOCK THERAPY

The recommended method of cellulite treatment. The impact of sound waves mechanically stimulates tissues, accelerates cell metabolism and production of new blood vessels. Metabolite is released in a natural metabolic process.

### Aesthetic benefits:

- reduction of unwanted cellulite
- body shaping
- drainage
- reduction of scars and stretch marks
- loosening muscle tension the tight connective tissue

### Results:

- broken-up adipose tissue
- reduction of body circumference
- improvement of skin tension
- restoring and smoothness of the skin
- body shaping

### TREATMENT AREA:

	1 treatment	Package 5 treatments
79A. INNER THIGHS	350 zł	1 500 zł
79B. FRONT THIGHS	350 zł	1 500 zł
79C. BACK THIGHS	350 zł	1 500 zł
79D. THIGHS (FRONT, BACK)	500 zł	2 200 zł
79E. BUTTOCKS	350 zł	1 500 zł
79F. BUTTOCKS + BACK THIGHS	500 zł	2 200 zł
79G. BUTTOCKS + THIGHS (FRONT, BACK)	600 zł	2 800 zł
79H. SHOULDERS	300 zł	1 200 zł

## 80. ENDERMOLOGIE LPG

Endermologie is a very intensive vacuum pressure treatment which reduces cellulite and excessive fat and tones the skin. A series of endermologie treatments ensures perfect results:

- reduction of cellulite
- loss of adipose tissue thanks to natural lipolysis
- improved density and firmness of skin, especially in sagging areas
- visibly slimmer body, buttocks, thighs and abdomen contouring
- improved skin tension following pregnancy or slimming
- lymphatic drainage – removing excess water from cells
- improved blood circulation – results are visible after one treatment.

### BODY TONING AND SHAPING:

	1 treatment	6 treatments	10 treatments
80A. BODY TREATMENT 30 min.	220 zł	1 200 zł	2 000 zł
80B. BODY TREATMENT 40 min.	270 zł	1 400 zł	2 400 zł
80C. ENDERMOWEAR	120 zł	120 zł	GRATIS

### LYMPHATIC DRAINAGE / LYMPHOSTASIS:

80D. BODY TREATMENT 30 min.	210 zł	1 000 zł	1 900 zł
80E. ENDERMOWEAR	140 zł	140 zł	GRATIS

## 80F. THERAPEUTIC ENDERMOLOGIE

from 100 zł

## 80G. COMBINED THERAPY

2 800 zł

5 Alliance treatments 30 min + 5 wave shock treatments (buttocks, thighs back).

treatment booking: +48 94 711 29 21

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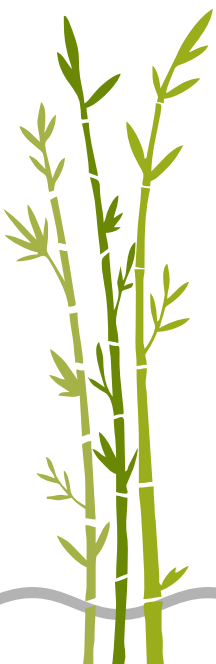
## Baths and hydromassage

	Duration (min.)	Price
81. HYDRO JET Dry hydromassage of the body. Warm stream of water massages the body through a special membrane from head to toes.	25	90 zł
82. AROMATIC HYDROMASSAGE Bath in a bathtub with aromatic salts.	20	100 zł
83. BRINE BATH Bath in a bathtub with Kłodawa salt. Recommendations: bronchial asthma, rheumatic conditions.	20	100 zł
84. PEAT BATH Bath in a bathtub with peat essence. Recommendations: osteoarthritis, neuralgia, chronic inflammation.	20	100 zł

## Treatments improving body wellness

	Duration (min.)	Price
85. ELECTRICAL CURRENT TREATMENT	10-15	40 zł
86. PEAT PACK ON SELECTED BODY PARTS	15-20	40 zł
87. INHALATIONS	10-15	40 zł
88. OXYGEN THERAPY	10-15	40 zł
89. ULTRA SOUNDS	10-15	40 zł
90. BIOPTRON LAMP	10-15	40 zł
91. SOLLUX LAMP	10-15	40 zł
92. LASER THERAPY	10	40 zł
93. MAGNETO THERAPY	15-20	40 zł
94. LOCAL CRYOTHERAPY	3-5 / 1 area	45 zł
95. SHOCK WAVE / THERAPEUTIC	7-10 / 1 area	120zł





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